

Schedule of Events

Herbivore Festival

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	Lecture 1 Café B	Lecture 2 CCR 155	Spirituality 1 CCR 219	Spirituality 2 CCR 233	Food Demos Café A	Fitness Area Back Patio	Performance PAC Patio	Garden LRC 231
11:00						Zumba Carmen Lopez		
11:15	How to Grow the Best Veggies on the Block Linda Evans 11:15-11:50	CBD Preemptive Health Nicholas Linares 11:15-11:50			Coconut Cerviche	For the Health of It 11:00-11:25	Plum Nelly	Brewing Your Own Kombucha
11:30			Healing From Pain Shahin 11:30-12:15	Guided Meditation and Reiki Healing Joanne Levine 11:30-12:15	Cesar Asebedo 11:15-12:00	Strong By Zumba Holly Crane For the Health of It 11:30-11:55	11:00-11:45	Christine Lampe
11:45							Greg Papa 11:45-12:30	11:15-12:15
12:00	Essential Oils & Natural Solutions for Pets Elicia Ashton 12-12:50	Sustainability Talk and Tour Larry Cook Talk 12-12:30 Followed by Walk 12:30 1:30				Zumba Gold Zuzu (Arezoo Burke) 12:00-12:25		
12:15					Vegan Tuna Stuffed Avocados Caroline Gonzalez 12:15-12:45	Pound Fitness David Martinez For the Health of It 12:30-12:55	Dan McNay 12:30-1:00	In The Dark About Mushrooms
12:30			Meet your Spirit Guide Dr. Marie Feuer 12:30-1:15	The Power of Dreams Deanna Joseph 12:30-1:15	Freely Raw Living Foods Demo Jennifer Fisher 1:00-1:45	V Sleek Physique Plyometrics Vanessa Arlt 1:00-1:25	Jennifer Sparks 1:00-2:00	Jerry Poupard 12:30-1:30
1:00	You're Not a Victim of Your Genetics: Changing Your DNA and Preventing Disease With Food Gina Bonanno-Lemos 1-1:50	Foundations of Health, Longevity, Leaky Gut and GMO's Dr. Richard Carlson 1-1:50				V-Pilates Vanessa Arlt 1:30 - 1:55		
1:15								
1:30			The Reiki Principles Theresa St. Clare 1:30-2:15	Healing to Get Fit Shahin 1:30-2:15				
1:45								
2:00	Protein Propaganda Will Tucker 2:-2:50	The Vegan Journey Gwenna Hunter Vegan Outreach 2-2:50			Eat the Garden Huerta Del Valle 2-3:00	Zumba Zuzu (Arezoo Burke) 2:00-2:25	Ruby Red: American Tribal Style Bellydance 2:00-2:30	Gardening for Butterflies Attract Flying Flowers to your Yards
2:30			Self Care for Light Workers Rev. Kimberly McGinnis 2:30-3:15	Bad Vibes Getting You? Super Sensitive? Learn to Shield Dr. Marie Feuer 2:30-3:15		Sloooooo Deeeeep Stretch Janna Troy 2:30-2:55	Brittany Carvajal (w/Prof. Steve) 2:30-3:15	Christine Lampe 1:45-2:45
3:00	Kind Buddies: How Cannabis is a KIND Alternative for Humans, Animals and our Earth Jessica Slatkoff 3:00-3:50	Why Be Plant-Based? How to Start Your Own Movement Rebecca Reyes 3-3:50				Stability Ball Fun Prof. Chris Poffek 3:00-3:25		Container Gardening/ Raised Beds
3:15								
3:30			Pranic Healing: Health through Energy Nathan Llera 3:30-4:30	Getting Answers from Your Souls Akashic Records Kim Foreman 3:30-4:15	Green Smoothies and Games Elaine Slivka 3:15-4:15	Line Dancing Natalie Johnson 3:30-3:55	Dave and Fawn of Inside Riot 3:20-4:05	3:00-3:55
4:00	Vegan Success Paul Zanone 4-4:50	My Kind of Vegan Sahsha Campbell-Garbutt 4-4:50			Basil Lime Hummus Cooking with Essential Oils Mary Casey 4:30-5:00	Kids Yoga Angela Raykowski 4:00-4:25	The Two Professors Rick and Steve 4:15-5:00	Seed Saving 4:00-5:00
4:30						Zumba Zuzu (Arezoo Burke) 4:30-5:00		

All Day Events

American Acrobats Live Performances : At the Tripod

Kid Zone Crafts

Art Gallery - Animals Vs. Humans : LRC Gallery

Free Movies and Documentaries : LRC 226

"The Future of Energy" 2:00

